

## Monday



**Pork Sausages G.S.U.**

or



**(v) Veggie Korma Curry with Wholegrain or White Rice D.**

or



**(v) Cheese/Beans D.**

**Jacket Potatoes Every Day**

## Tuesday



**Pasta with Peas & Bacon D.G.**

or



**(v) Veggie Breakfast Pattie in a Bun G.D.E.**

or



**(v) Cheese D.**

## Wednesday



**British Roast Chicken, Stuffing G.**

or



**(vg) Quorn Roast G. Optional Stuffing G.**

or



**Tuna Mayonnaise F.E.**

## Thursday



**Pasta Bolognese G./Cheese D.**

or



**(v) Homemade Vegetable Burrito Bake D.G.**

## Friday



**Crispy Salmon Fishcake F.G. (v) Homemade Cheese & Tomato Pizza D.G.**

or



## Week 1 Dessert Menu

**Every day we offer:**

(v) Yoghurt, (D.) or  
Fresh fruit as alternative dessert options

### Monday

(v) Swirly Chocolate Mousse D.  
(vg) Homemade Fruity Flapjack G.

### Tuesday

(v) Homemade Crispy Cornflake Cookie G.E

### Wednesday

(v) Homemade Chocolate and Orange Brownie G.E

### Thursday

(vg) Homemade Strawberry Slice G.

### Friday

(v) Ice Cream Tub D.  
(v) Cheddar Cheese, Crackers and  
Apple Wedges G.D.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

### Key

vg = vegan	G = Gluten/wheat
V = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconut/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	

